



## Menus de la semaine Ecole primaire

13

Semaine

25/03/2024-31/03/2024

| Repas     | Lundi                                | Mardi   | Jeudi                  | Vendredi                |
|-----------|--------------------------------------|---|------------------------|-------------------------|
| Midi      |                                      |   |                        |                         |
| Entrée    | Salade verte                         | Velouté de poireaux<br>pommes de terre        | Oeuf dur - mayonnaise  | crudités à croquer      |
|           | ** Mou**                             | ** Lac**                                      | ** Oeu**               | ****                    |
| Plat      | Cuisses de poulet à la<br>provençale | Curry de colin aux petits<br>pois et carottes | Tajine de pois chiches | Saucisses de Montbardon |
|           | ****                                 | ** Cel Poi**                                  | ** Ara Coq**           | ****                    |
| Garniture | Polenta Bio                          | Riz basmati                                   | Semoule                | Gratin dauphinois       |
|           | ****                                 | ****  | ** Glu Lac**           | ****                    |
| Fromage   |                                      | Fromage                                       |                        |                         |
|           |                                      | ** Lac**                                      |                        |                         |
| Dessert   | Fromage blanc coulis fruit<br>rouge  | Fruits  | Yaourt aux fruits      | Moelleux au citron      |
|           | ** Lac**                             | ****  | ** Lac**               | ** Glu Lac Oeu**        |

Allergènes

| Glu    | Cru       | Oeu   | Poi     | Ara      | Soj  | Lac     | Coq          | Cel    | Sés    | Mou      | sul      | Lup   | Mol        |
|--------|-----------|-------|---------|----------|------|---------|--------------|--------|--------|----------|----------|-------|------------|
| Gluten | Crustacés | Oeufs | Poisson | Arachide | Soja | Lactose | Fruits coque | Celeri | Sésame | Moutarde | sulfites | Lupin | Mollusques |

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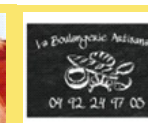


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## Menus de la semaine Ecole primaire

| 14         | Semaine  | 01/04/2024-07/04/2024   |                       |                               |      |         |              |        |        |          |          |       |            |     |     |     |     |     |        |           |       |         |          |      |         |              |        |        |          |          |       |            |
|------------|--|-------------------------|-----------------------|-------------------------------|------|---------|--------------|--------|--------|----------|----------|-------|------------|-----|-----|-----|-----|-----|--------|-----------|-------|---------|----------|------|---------|--------------|--------|--------|----------|----------|-------|------------|
| Repas      | Lundi  | Mardi                   | Jeudi                 | Vendredi                      |      |         |              |        |        |          |          |       |            |     |     |     |     |     |        |           |       |         |          |      |         |              |        |        |          |          |       |            |
| Midi       |  |                         |                       |                               |      |         |              |        |        |          |          |       |            |     |     |     |     |     |        |           |       |         |          |      |         |              |        |        |          |          |       |            |
| Entrée     |  | carottes rapées et maïs | Radis à croquer       |                               |      |         |              |        |        |          |          |       |            |     |     |     |     |     |        |           |       |         |          |      |         |              |        |        |          |          |       |            |
|            |  | ** Mou **               | ** Lac **             |                               |      |         |              |        |        |          |          |       |            |     |     |     |     |     |        |           |       |         |          |      |         |              |        |        |          |          |       |            |
| Plat       |  | Jambon blanc            | Sauté de veau Marengo | Cœur de merlu sauce citronnée |      |         |              |        |        |          |          |       |            |     |     |     |     |     |        |           |       |         |          |      |         |              |        |        |          |          |       |            |
|            |  | ***                     | ** Glu **             | ** Lac **                     |      |         |              |        |        |          |          |       |            |     |     |     |     |     |        |           |       |         |          |      |         |              |        |        |          |          |       |            |
| Garniture  |  | Coquillettes crémeuses  | boullgour             | Riz basmati                   |      |         |              |        |        |          |          |       |            |     |     |     |     |     |        |           |       |         |          |      |         |              |        |        |          |          |       |            |
|            |  | ** Glu **               | ** Glu **             | ***                           |      |         |              |        |        |          |          |       |            |     |     |     |     |     |        |           |       |         |          |      |         |              |        |        |          |          |       |            |
| Fromage    |  |                         |                       | Fromage                       |      |         |              |        |        |          |          |       |            |     |     |     |     |     |        |           |       |         |          |      |         |              |        |        |          |          |       |            |
|            |  |                         |                       | ** Lac **                     |      |         |              |        |        |          |          |       |            |     |     |     |     |     |        |           |       |         |          |      |         |              |        |        |          |          |       |            |
| Dessert    |  | Poire au chocolat       | Fromage blanc au miel | Fruits                        |      |         |              |        |        |          |          |       |            |     |     |     |     |     |        |           |       |         |          |      |         |              |        |        |          |          |       |            |
|            |  | ***                     | ** Lac **             | ***                           |      |         |              |        |        |          |          |       |            |     |     |     |     |     |        |           |       |         |          |      |         |              |        |        |          |          |       |            |
| Allergènes | <table border="1"> <tr> <td>Glu</td> <td>Cru</td> <td>Oeu</td> <td>Poi</td> <td>Ara</td> <td>Soj</td> <td>Lac</td> <td>Coq</td> <td>Cel</td> <td>Sés</td> <td>Mou</td> <td>sul</td> <td>Lup</td> <td>Mol</td> </tr> <tr> <td>Gluten</td> <td>Crustacés</td> <td>Oeufs</td> <td>Poisson</td> <td>Arachide</td> <td>Soja</td> <td>Lactose</td> <td>Fruits coque</td> <td>Celeri</td> <td>Sésame</td> <td>Moutarde</td> <td>sulfites</td> <td>Lupin</td> <td>Mollusques</td> </tr> </table> |                         |                       |                               | Glu  | Cru     | Oeu          | Poi    | Ara    | Soj      | Lac      | Coq   | Cel        | Sés | Mou | sul | Lup | Mol | Gluten | Crustacés | Oeufs | Poisson | Arachide | Soja | Lactose | Fruits coque | Celeri | Sésame | Moutarde | sulfites | Lupin | Mollusques |
| Glu        | Cru  | Oeu                     | Poi                   | Ara                           | Soj  | Lac     | Coq          | Cel    | Sés    | Mou      | sul      | Lup   | Mol        |     |     |     |     |     |        |           |       |         |          |      |         |              |        |        |          |          |       |            |
| Gluten     | Crustacés  | Oeufs                   | Poisson               | Arachide                      | Soja | Lactose | Fruits coque | Celeri | Sésame | Moutarde | sulfites | Lupin | Mollusques |     |     |     |     |     |        |           |       |         |          |      |         |              |        |        |          |          |       |            |

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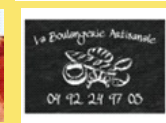
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